

CASSANDRA L. BONESS

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ACADEMIC APPOINTMENTS

2021–Present **Research Assistant Professor**
University of New Mexico
Center on Alcohol, Substance Use, and Addiction

EDUCATION

2021 **University of Missouri**
Ph.D., Clinical Psychology
Minor in Psychological Statistics and Methods
Dissertation: *The Etiologic, Theory-Based, Ontogenetic Hierarchical Framework of Alcohol Use Disorder: A Translational Systematic Review of Reviews*

2021 **Pre-Doctoral Internship**
University of Pittsburgh, Department of Psychiatry
Western Psychiatric Institute and Clinic

2015 **University of Missouri**
M.A., Clinical Psychology
Thesis: *An Assessment of DSM-5 Alcohol Use Disorder Severity Grading*

2013 **Northern Arizona University**
B.S., Psychology
Minor in Criminal Justice

HONORS & AWARDS

2021 **Distinguished Dissertation Award in Clinical Psychology** | American Psychological Association, Division 12

2019 **Graduate Student Excellence Award** | University of Missouri, Department of Psychological Sciences

2019 **Student Research Fellowship** | American Psychological Association, Division 12, Assessment Section

2018 **Mark H. Thelen Outstanding Clinical Graduate Student Award** | University of Missouri, Department of Psychological Sciences

2018 **Travel Award** | University of Missouri, Graduate Professional Council

2016, 2017 **First Place Presentation in Social Sciences (Quantitative)** | University of Missouri, Graduate Professional Council Research and Creative Activities Forum

2015–2019	Merit Award Research Society on Alcoholism
2013	Outstanding Student in Psychology Northern Arizona University, Department of Psychology
2013	Vicki Green Travel Award Recipient Northern Arizona University, Department of Psychology
2012	The William Gibson Outstanding Student in Psychology and Public Service Award Northern Arizona University, Department of Psychology
2012	“Go” Study Abroad Scholarship Northern Arizona University, Center for International Education
2009–2013	Dean’s List Northern Arizona University
2009–2013	Full Tuition Scholarship Arizona Instrument to Measure Standards (AIMS)

RESEARCH SUPPORT

2017–2020	<p>NIAAA F31 Ruth L. Kirschstein National Research Service Award (NRSA) <u>Title:</u> Initial Development and Validation of a Translational Approach to AUD Definition and Measurement <u>Role:</u> Principal Investigator <u>Sponsor:</u> Kenneth J. Sher, Ph.D. <u>Amount Awarded:</u> \$134,118</p>
2012–2013	<p>Henry Hooper Undergraduate Research Award Grant <u>Title:</u> The Predictors of Problematic Alcohol Use in College Students with Family Positive versus Family Negative Drinking Histories <u>Role:</u> Principal Investigator <u>Sponsor:</u> Nora Dunbar, Ph.D. <u>Amount Awarded:</u> \$3,500</p>

PEER-REVIEWED PUBLICATIONS

(in reverse chronological order)

PDFs for available articles can be accessed here.

22. **Boness, C.L.**, Watts, A.L., Moeller, K., & Sher, K.J. (accepted). The Etiologic, Theory-Based, Ontogenetic Hierarchical Framework of Alcohol Use Disorder: A translational systematic review of reviews. *Psychological Bulletin*. [preprint]
21. **Boness, C.L.**, Helle, A.C., & Logan, S. (2021). Crisis line services: A 12-month descriptive evaluation of callers, call content, and referrals. *Health & Social Care in the Community*. [preprint]
20. Watts, A.L., **Boness, C.L.**, Loeffelman, J.E., Steinley, D., & Sher, K.J. (in press). Does crude measurement contribute to observed unidimensionality of psychological constructs? An example with DSM-5 alcohol use disorder. *Journal of Abnormal Psychology*. [preprint]
19. Galán, C.A, Bekele, B.M., **Boness, C.L.**, ... & Yilmaz, B. (2021). A call to action for an antiracist clinical science. *Journal of Clinical Child and Adolescent Psychology*. [preprint]
18. Helle, A.C., **Boness, C.L.**, & Sher, K.J. (in press). College students’ receptiveness to intervention approaches for alcohol and cannabis use. *Psychology of Addictive Behaviors*. [preprint]

17. Brown, C.E., **Boness, C.L.**, & Sheerin, K. (2021). Supporting students in Health Service Psychology training: A theory-driven approach to meeting the diverse needs of trainees. *Training and Education in Professional Psychology*. [PDF; infographic]
16. Hua, J.P.Y., Sher, K.J., **Boness, C.L.**, Trela, C.J., McDowell, Y.E., Merrill, A.M., Piasecki, T.M., & Kerns, J.G. (2020). Prospective study examining effects of extreme drinking on brain structure in emerging adults. *Alcoholism: Clinical and Experimental Research*. [PDF]
15. **Boness, C.L.**, Hershenberg, R., Kaye, J., Mackintosh, M., Grasso, D., Noser, A., & Raffa, S.D. (2020). An evaluation of Cognitive Behavioral Therapy for Insomnia: Application of Tolin's criteria for empirically supported treatments. *Clinical Psychology: Science and Practice*. [PDF]
14. **Boness, C.L.**, & Sher, K.J. (2020). The case for cognitive interviewing in survey item validation: A useful approach for improving the measurement and assessment of substance use disorders. *Journal of Studies on Alcohol and Drugs*, 81(4), 401-404. [PDF]
13. Hua, J.P.Y., Piasecki, T.M., McDowell, Y.E., **Boness, C.L.**, Trela, C.J., Merrill, A.M., Sher, K.J., & Kerns, J.G. (2020). Alcohol use in young adults associated with cortical gyrification. *Drug and Alcohol Dependence*. [PDF]
12. **Boness, C.L.**, Stevens, J.E., Steinley, J., Trull, T., & Sher, K.J. (2020). Using complete enumeration to derive "one-size-fits-all" versus "subgroup-specific" diagnostic rules for substance use disorder. *Assessment*. [PDF]
11. Loeffelmann, J.E., Steinley, D., **Boness, C.L.**, Trull, T., Wood, P. & Sher, K.J. (2020). Combinatorial optimization of classification decisions: An application to refine psychiatric diagnoses. *Multivariate Behavioral Research*. [PDF]
10. Younggren, J.N., **Boness, C.L.**, Bryant, L., & Koocher, G. (2019). Emotional support animal assessments: Toward a standard and comprehensive model for mental health professionals. *Professional Psychology: Research and Practice*, 51(2), 156-162. PMID: PMC5127627 [PDF]
9. Conlin, W., & **Boness, C.L.** (2019). Ethical considerations for addressing distorted beliefs in psychotherapy. *Psychotherapy*, 56(4), 449-458. PMID: PMC6901722 [PDF]
8. **Boness, C.L.**, Lane, S.P., & Sher, K.J. (2019). Not all alcohol use disorder criteria are equally severe: Towards severity grading of individual criteria. *Psychology of Addictive Behaviors*, 33(1), 35-49. PMID: PMC6494471 [PDF]
7. Stevens, J.E., Steinley, D., McDowell, Y.E., **Boness, C.L.**, Trull, T., Martin, C.S., & Sher, K.J. (2019). Toward more efficient diagnostic criteria sets and rules: The use of optimization approaches in addiction science. *Addictive Behaviors*. PMID: PMC6544486 [PDF]
6. **Boness, C.L.**, Stevens, J.E., Steinley, D., Trull, T., & Sher, K.J. (2018). Deriving alternative criteria sets for alcohol use disorders using statistical optimization: Results from the National Survey on Drug Use and Health. *Experimental and Clinical Psychopharmacology*, 27(3), 283-296. PMID: PMC6538450 [PDF]
5. **Boness, C.L.**, Younggren, J.N., & Frumkin, B. (2017). The certification of emotional support animals: Differences between clinical and forensic practitioners. *Professional Psychology: Research and Practice*, 48, 216-223. [PDF]
4. Lee, M.R., **Boness, C.L.**, McDowell, Y.E., Vergés, A., Steinley, D.L., & Sher, K.J. (2017). Desistance and severity of alcohol use disorder: A lifespan-developmental analysis. *Clinical Psychological Science*, 6, 90-105. PMID: PMC5766269 [PDF]
3. **Boness, C.L.**, Lane, S.P., & Sher, K.J. (2016). Assessment of withdrawal and hangover are confounded in the Alcohol Use Disorder and Associated Disabilities Interview Schedule:

Withdrawal prevalence is likely inflated. *Alcoholism: Clinical and Experimental Research*, 40, 1691-1699. PMID: PMC4961561 [PDF]

2. Younggren, J.N., Boisvert, J.A., & **Boness, C.** (2016). Examining emotional support animals and role conflicts in professional psychology. *Professional Psychology: Research and Practice*, 47, 255-260. PMID: PMC5127627 [PDF]
1. **Boness, C. L.** (2015). Treatment of Deaf clients: Ethical considerations for professionals in psychology. *Ethics & Behavior*, 26, 562-585. PMID: PMC5127625 [PDF]

MANUSCRIPTS UNDER REVIEW

1. **Boness, C.L.**, Nelson, M., & Douaihy, A.B. (revise & resubmit). Motivational interviewing strategies for addressing COVID-19 vaccine hesitancy. [preprint]
2. **Boness, C.L.**, Helle, A.C., Miller, M.B, Wolf, M.G., & Sher, K.J. (under review). Who Opts in to Alcohol Feedback and How Does that Impact Behavior? A Pilot Trial. [preprint]
3. **Boness, C.L.**, Votaw, V.R., Watts, A.L., Francis, M., Kleva, C.S., Sperry, S.H., Douaihy, A.B., Witkiewitz, K., & Sher, K.J. (under review). Alcohol use disorder diagnostic criteria in a historical context. [preprint]
4. Helle, A.C., **Boness, C.L.**, & Sher, K.J. (under review). College student perspectives on alcohol- and cannabis-focused interventions: Examining receptiveness to treatment type among students that use both substances.
5. Hua, J.P.Y., de Lange, S.C., van den Heuvel, M.P., **Boness, C.L.**, Trela, C.J., McDowell, Y.E., Merrill, A.M., Piasecki, T.M., Sher, K.J., & Kerns, J.G. (under review). Rich-club connectivity and connectome network organization associations with alcohol use in emerging adults.
6. Paulus, D.J., Kraft, L.S., **Boness, C.L.**, Hasler, B.P., & Pedersen, S.L. (submitted). Examining associations of anxiety, depression, and drinking to cope with alcohol consumption and problems before and during the COVID-19 pandemic.

BOOK CHAPTERS

2. Younggren, J.N., Gottlieb, M., & **Boness, C.L.** (2019). Forensic consultation. In E. Shafranske & C. Falender (Eds.), *Consultation in Health Service Psychology: A Competency-Based Approach*.
1. Haeny, A.M., **Boness, C.L.**, McDowell, Y.E., & Sher, K.J. (2018). Alcohol use disorder. In J. Hunsley & E. J. Mash (Eds.), *A Guide to Assessments That Work* (2nd ed.).

OTHER PUBLICATIONS

5. **Boness, C.L.**, Hershenberg, R., Grasso, D., Kaye, J., Mackintosh, M., Nason, E., ... Raffa, S. (2021, April 2). The Society of Clinical Psychology's manual for the evaluation of psychological treatments using the Tolin Criteria. Retrieved from osf.io/8hcsz
4. **Boness, C.L.** & Sher, K.J. (2020). Clinical translation: How should clinicians proceed in light of findings that alcohol use disorder diagnostic criteria and assessment instruments may suffer from important shortcomings? *American Psychological Association's Society of Addiction Psychology (Division 50 SoAP Box) Fall Newsletter*. Retrieved from

<https://www.addictionpsychology.org/soap-box/2020/fall/clinical-translation-how-should-clinicians-proceed-light-findings-alcohol-use>

3. **Boness, C.L.** (2017). Ethical issues in the use of interpreters with Deaf clients. *Journal of Health Service Psychology*.
2. **Boness, C.L.** (2017). Deaf or Hard-of-Hearing clients require special ethical consideration. *The National Psychologist*. Retrieved from <http://nationalpsychologist.com/2017/11/deaf-or-hard-of-hearing-clients-require-special-ethical-consideration/104136.html>
1. **Boness, C.L., & Younggren, J.N.** (2016). Who let that doggie on the airplane? *The National Psychologist*, 25(1). Retrieved from <http://nationalpsychologist.com/2016/01/who-let-that-doggie-on-the-airplane/103124.html>

SCIENTIFIC & CLINICAL CONSULTATION

Program Development

2/2021 –Present

James J. Peters Department of Veterans Affairs Medical Center

Provided consultation on the development of a single-session group intervention for veterans with vaccine hesitancy.

Psychological Assessment and Psychometric Consultation

12/2018–Present

Tschetter Hamrick Sulzer Law Firm, Denver, Colorado

Provided consultation on Emotional Support Animal assessments, including the psychometric properties of the instruments utilized, and relevant standards of professional psychology.

Program Development

5/2018

Redemption’s Hill Church, Missouri

Developed an evidence-based suicide risk assessment and thorough triage protocol based on risk level.

EDITORIAL ACTIVITIES

Record of editorial activities can be found on Publons

Ad Hoc Reviewing

Addiction

Addictive Behaviors

Alcoholism: Clinical and Experimental Research

American Psychologist

Assessment

Canadian Journal of Addiction

Clinical Psychological Science

Experimental and Clinical

Psychopharmacology

Journal of Public Health

Journal of Sleep Research

Professional Psychology: Research and Practice

Psychology of Addictive Behaviors

Substance Abuse Treatment, Prevention, and Policy

The American Journal of Drug & Alcohol Abuse

Training and Education in Professional

Psychology

CONFERENCE PRESENTATIONS

† denotes supervisees/student mentees

33. Call, C.C., **Boness, C.L.**, Wang, B., Conlon, R.K., Donofry, S.D., & Levine, M.D. (2021, October). *Thinking critically about race data in perinatal research: an example with loss of control eating*. Poster presentation at the Annual Conference of the Marcé of North America (MONA).
32. Galán, C.A., **Boness, C.L.**, Call, C., Tung, I., Bowdring, M., Sequeria, S.L, Moses, J., Mendes, S.H., Bekele, B.M. (2021, June). *Practical strategies to reducing racial disparities in mental health access and outcomes in prevention science*. Pre-conference workshop at Society for Prevention Research.
31. Sheehan, H., **Boness, C.L.**, Pedersen, S.L., Hasler, B.P., & Lindstrom, R. (2021, June). *Acute alcohol consumption's effects on subsequent same day sleep characteristics: A multi-method examination*. Poster presentation at Research Society on Alcoholism.
30. **Boness, C.L.**, Hasler, B.P., †Sheehan, H., & Pedersen, S.L. (2021, June). *How are sleep and circadian characteristics related to alcohol use disorder and related problems? An item- and problem-level examination*. Poster presentation at Research Society on Alcoholism.
29. Helle, A.C., **Boness, C.L.**, & Sher, K.J. (2021, June). *Receptiveness to substance-specific prevention and treatment approaches among college students who co-use alcohol and cannabis*. Poster presentation at Research Society on Alcoholism.
28. Hua, J.P.Y., van den Heuvel, M.P., de Lange, S.C., **Boness, C.L.**, Trela, C.J., McDowell, Y.E., Merrill, A.M., Piasecki, T.M., Sher, K.J., & Kerns, J.G. (2021, June). *Rich-club connectivity and connectome network organization associations with alcohol use in emerging adults*. Poster presentation at Research Society on Alcoholism.
27. **Boness, C.L.** (2021, April). *Are substance use disorder criteria created equally? A consideration of item-level heterogeneity in severities*. Symposia accepted at Collaborative Perspectives on Addiction (virtual). [Abstract]
26. †Gatten, N., †Treece, M., Miller, M.B., & **Boness, C.L.** (2021, March). *Using cognitive interviewing to improve the measurement & assessment of alcohol-induced blackouts*. Poster presentation at Collaborative Perspectives on Addiction. [PDF]
25. Galán, C.A., Tung, I., Call, C., **Boness, C.L.**, Bowdring, M., McPhee, J., Savell, S.M. (2021, under review). *Anti-racist approaches to ensuring the retention, success, and belongingness of BIPOC graduate students in psychology programs*. Paper presentation at American Psychological Association (APA) Conference (virtual).
24. Helle, A.C., **Boness, C.L.**, & Sher, K.J. (2020, October). *College students' receptiveness to on- and off-campus prevention and intervention approaches for risky alcohol and cannabis use*. Poster presentation at the Addiction Health Services Research Conference (virtual). [PDF]
23. †Gatten, N., †Treece, M., & **Boness, C.L.** (2020, July). *Cognitive control as a mechanism in alcohol use disorder: A translational systematic review of reviews*. Poster presentation at the University of Missouri's Summer Undergraduate Research & Creative Achievements Forum, Columbia, Missouri. [PDF]
22. **Boness, C.L.** (2020, June). *What does it mean? An application of cognitive interviewing to improve the validity of alcohol use disorder assessment items*. Poster presentation at Research Society on Alcoholism, New Orleans, LA (conference cancelled). Abstracted in: *Alcoholism: Clinical and Experimental Research*, 44, June 2020 supplemental issue. [PDF]
21. **Boness, C.L.** (2020, May). *Who let that dog on the airplane? Emotional support animals and the role of mental health professionals*. Invited presentation at Missouri Psychological Association Conference, St. Louis, MO (conference cancelled).

20. **Boness, C.L.** (2020, April). *Are substance use disorder criteria created equally? A consideration of item-level heterogeneity in severities*. Symposia accepted at Collaborative Perspectives on Addiction, San Diego, CA (conference cancelled). [Abstract]
19. **Boness, C.L.** (2020, April). *A translational framework of alcohol use disorder definition: A systematic review of reviews*. Poster accepted at Collaborative Perspectives on Addiction, San Diego, CA (virtual). [PDF]
18. **Boness, C.L.**, & Sher, K.J. (2019, June). *Does the optimal alcohol use disorder diagnostic rule vary by demographic subgroup? An application of permutation-based statistical optimization*. Poster Presentation at Research Society on Alcoholism, Minneapolis, MN. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 43, June 2019 supplemental issue. [PDF]
17. **Boness, C.L.** (2018, March). *The use of a principled, data-driven empirical approach to deriving alcohol use disorder diagnosis*. Poster presentation at Collaborative Perspectives on Addiction, Tampa, FL.
16. **Boness, C.L.** (2018, June). *Towards refinement of alcohol use disorder severity grading*. Poster Presentation at Research Society on Alcoholism, San Diego, CA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 42, June 2018 supplemental issue. [PDF]
15. **Boness, C.L.**, & Sher, K.J. (2017). *Statistical optimization of alcohol use disorder criteria using the National Survey on Drug Use and Health*. Poster presentation at Research Society on Alcoholism, Denver, CO. *Alcoholism: Clinical and Experimental Research*, 11, June 2017 supplemental issue.
14. **Boness, C.L.** (2017, March). *Statistical optimization of alcohol use disorder criteria using the National Survey on Drug Use and Health*. Paper presentation at The University of Missouri's Graduate Professional Council's Research and Creative Activities Forum, Columbia, MO.
13. **Boness, C.L.**, Lane, S.P., & K.J. Sher. (2016, March). *Assessment of withdrawal and hangover are confounded in the AUDADIS: Potential cause of overdiagnosis*. Paper presentation at The University of Missouri's Graduate Professional Council's Research and Creative Activities Forum, Columbia, MO.
12. **Boness, C.L.**, Korucuoglu, O., Merrill, A.M., McDowell, Y.E., Trela, C.J., Piasecki, T.M., Sher, K.J., & Kerns, J.G. (2016, June). *The impact of 21st birthday drinking on the corpus callosum*. Poster presentation at Research Society on Alcoholism, New Orleans, LA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 40, June 2016 supplemental issue.
11. Korucuoglu, O., Sher, K.J., Merrill, A.M., **Boness, C.L.**, McDowell, Y.E., Trela, C.J., Piasecki, T.M., & Kerns, J.G. (2016, June). *Alterations in resting state networks associated with high-risk bingeing: 21st birthday study*. Poster presentation at Research Society on Alcoholism, New Orleans, LA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 40, June 2016 supplemental issue.
10. Lee, M.R., **Boness, C.L.**, McDowell, Y.E., Vergés, A., Steinley, D.L., & Sher, K.J. (2016, June). *Developmental variability in problem-drinking desistance: is young adulthood a unique period for desistance from severe drinking alcohol use disorder?* Poster presentation at Research Society on Alcoholism, New Orleans, LA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 40, June 2016 supplemental issue.
9. **Boness, C.L.**, & K.J. Sher. (2015, June). *Item stem effects in assessing withdrawal*. Poster presentation at Research Society on Alcoholism, San Antonio, TX. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 39, May 2015 supplemental issue.

8. Trela, C.J., McDowell, Y.E., Merrill, A.M., **Boness, C.L.**, Piasecki, T.M., Sher, K.J., & Kerns, J.G. (2015, June). *Hangover symptoms are associated with performance on a long-term memory task but not working memory task following extreme drinking on 21st birthday*. Poster presentation at Research Society on Alcoholism, San Antonio, TX. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 39, May 2015 supplemental issue.
7. **Marshall, C.L.**, & K.J. Sher. (2014). *Improving upon the current DSM-5 criterion count algorithm in the evaluation of the severity of alcohol use disorders*. Poster presentation at Research Society on Alcoholism, Bellevue, WA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 38, June 2014 supplemental issue.
6. **Marshall, C.L.** (2013). *A comparison of the predictors of problematic alcohol use in family history positive and family history negative college students*. Poster presentation at Rocky Mountain Psychological Association, Denver, CO.
5. Hacker, M.Q., Smith, C.J., Perks, C., Yetterdahl, A., Feinberg, A., **Marshall, C.**, Soliz, K., Verville, M., & Murphy, J. (2013). *Depleted uranium and reproduction*. Poster presentation at Northern Arizona University's Undergraduate Research Symposium, Flagstaff, AZ.
4. Hacker, M.Q., Smith, C. J., Perks, J., Yetterdahl, A., Feinberg, A., **Marshall, C.**, Soliz, C., Vermille, M., & Murphy, J. (2013). *Perinatal exposure to depleted uranium and basal ganglia alterations in rodent brain ACh/AChE levels*. Poster presentation at Northern Arizona University's Undergraduate Research Symposium, Flagstaff, AZ.
3. †Mix, A., **Marshall, C.**, †Denevi, C., & Dunbar, N. (2013). *Alcohol consumption among college students: A look into age and drinking expectancies to predict drinking behaviors*. Poster presentation at Northern Arizona University's Undergraduate Research Symposium, Flagstaff, AZ.
2. †Padilla, C., **Marshall, C.**, †Guglielmi, K., & Dunbar, N. (2013). *Everyone else is doing it: An examination of the motives behind binge drinking behavior among Greek-letter and non-Greek-letter students*. Poster presentation at Northern Arizona University's Undergraduate Research Symposium, Flagstaff, AZ.
1. **Marshall, C. L.**, Honani, T., Ellard, A., & Hurt, G. (2011). *Effects of perceived teacher demographics on student's satisfaction with course*. Poster presentation at Northern Arizona University's Undergraduate Research Symposium, Flagstaff, AZ.

RESEARCH EXPERIENCE

- | | |
|---------------|---|
| 8/2017–8/2020 | <p>Principal Investigator
 Initial Development and Validation of a Translational Approach to AUD Definition and Measurement (F31AA026177 to Cassandra L. Boness), University of Missouri
 <i>Advisor:</i> Kenneth J. Sher, Ph.D.</p> |
| 6/2016–6/2018 | <p>Graduate Research Assistant
 Refining the Diagnosis of Alcohol Use Disorder: A Comprehensive Approach (R01AA024133 to Kenneth J. Sher), University of Missouri
 <i>Advisor:</i> Kenneth J. Sher, Ph.D.</p> |
| 6/2014–6/2016 | <p>National Institute on Alcohol Abuse and Alcoholism Training Grant Trainee & Research Assistant
 University of Missouri Alcohol Training Grant (T32AA013526 to Kenneth J. Sher)</p> |

Advisor: Kenneth J. Sher, Ph.D.

8/2013–Present

Graduate Research Assistant

Alcohol, Health, and Behavior Lab, University of Missouri

Advisor: Kenneth J. Sher, Ph.D.

8/2012–5/2013

Principal Investigator

The Predictors of Problematic Alcohol Use in College Students with Family Positive versus Family Negative Drinking Histories, Northern Arizona University

Advisor: Nora Dunbar, Ph.D.

8/2010–5/2012

Undergraduate Research Assistant

Northern Arizona University

Advisor: Constance J. Smith, Ph.D.

SPECIALIZED STATISTICS AND METHODOLOGY TRAINING

7/2019

Inspiring Change: Creating Impact with Evidence-Based Implementation

The Center for Implementation, Online Webinar

Trainer: Julia E. Moore, PhD

9/2018

Cognitive Interviewing: A Hands-On Approach

The Odum Institute, University of North Carolina, Chapel Hill, North Carolina

Trainer: Gordon Willis, Ph.D.

3/2018

Quantitative Methods for Addiction Psychology

Collaborative Perspectives on Addiction Conference, Tampa, Florida

Trainer: Katie Witkiewitz, Ph.D.

CLINICAL EXPERIENCE

12/2020–Present

Inpatient Dual Diagnosis Therapist

University of Pittsburgh Medical Center, Western Psychiatric Hospital, Pittsburgh, Pennsylvania

Supervisor: Antoine Douaihy, M.D.

8/2019–3/2020

Strategies Targeting Alcohol Responsibility (STAR) Therapist

University of Missouri Psychological Services Clinic, Columbia, Missouri

Supervisor: Susan O’Neill, Ph.D.

8/2017–8/2020

Deaf Crisis Line Interventionist

National Videophone Crisis Hotline, Leadership through Education and Advocacy for the Deaf (LEAD) Institute, Columbia, Missouri

Supervisor: Stephanie Logan, Ph.D.

8/2016–8/2019

Psychotherapist Intern

Leadership through Education and Advocacy for the Deaf (LEAD) Institute, Columbia, Missouri

Supervisor: Stephanie Logan, Ph.D.

5/2015–8/2016

Dialectical Behavior Therapy (DBT) Therapist

University of Missouri Psychological Services Clinic, Columbia, Missouri
Supervisors: Tim Trull, Ph.D. (May 2015-August 2015; May 2016-August 2016), Susan O’Neill, Ph.D. (August 2015-January 2016), and Jeremy B. Skinner (January 2016-May 2016)

8/2014–8/2020

Individual Psychotherapist

University of Missouri Psychological Services Clinic, Columbia, Missouri
Supervisors: Tim Trull, Ph.D. (May 2015-August 2015; May 2016-August 2016), Susan O’Neill, Ph.D. (August 2015-January 2016), and Jeremy B. Skinner (January 2016-May 2016)

Assessing Clinician

University of Missouri Psychological Services Clinic, Columbia, Missouri
Supervisor: Erika Waller, Ph.D.

1/2012–5/2012

Community Living Services Intern

The Guidance Center, Flagstaff, AZ
Supervisors: Michelle Martin and Kelly Lalan

SPECIALIZED CLINICAL TRAINING

4/2021

Decolonizing Psychology Training Conference

Teachers College, Columbia University
Trainers: Carol Falender, Ph.D., Celeste Malone, Ph.D., Jasmine Mena, Ph.D., and Amanda Sullivan, Ph.D.

5/2019

Suicide Assessment and Risk Determination: Use of the Columbia Suicide Severity Rating Scale

University of Missouri Psychological Services Clinic, Columbia, Missouri
Trainer: Nan R. Presser, Ph.D.

8/2018

Evidence-Based Treatment of Borderline Personality Disorder: Clinical and Ethical Considerations

American Psychological Association Convention, San Francisco, California
Trainer: Kenneth N. Levy, Ph.D.

4/2018

Motivational Enhancement Strategies for Building and Maintaining Treatment Engagement

Center for Evidence-Based Youth Mental Health and Family Access Center of Excellence of Boone County
Burrell Behavioral Health, Columbia, Missouri
Trainer: Keith C. Herman, Ph.D.

3/2017

Caring for Transgender and Gender Expansive Individuals

Transgender Health Network
University of Missouri, Columbia, Missouri

Trainers: David Tager, Ph.D., Jessica Semler, Ph.D., Kerri Schafer, Ph.D., Kimberly Conde, Psy.D., Kurt DeBord, Ph.D., and Susan Pereira, M.D.

- 6/2016 **Crisis Intervention Training**
Leadership through Education and Advocacy for the Deaf (LEAD) Institute,
Columbia, Missouri
Trainers: Stephanie Logan, Ph.D., Wendy Savley, and Megan Steen
- 10/2015 **Making DBT Work in Our Communities**
Longview Community College, Lee's Summit, Missouri
Trainer: Dr. Ronda Reitz
- 10/2014 **Group Cognitive Behavioral Therapy for Addictive Behaviors Workshop**
University of Missouri, Columbia, Missouri
Trainer: Dr. Bruce Liese
- 5/2015, 11/2016 **Safe Space Training**
LGBTQ Resource Center
University of Missouri, Columbia, Missouri
Trainer: Sean Olmstead, Coordinator of University of Missouri LGBTQ Resource
Center

PROFESSIONAL SERVICE AND COMMITTEE MEMBERSHIP

- 9/2020–Present **Intern Representative** | Diversity, Inclusivity, Cultural Humility, and Equity
(DICE) Committee, University of Pittsburgh, Department of Psychiatry
- 8/2020–Present **Student Representative** | Section IX (Assessment of Psychology), American
Psychological Association, Division 12
- 6/2020–Present **Leadership Team Member** | Scholars for Elevating Equity and Diversity (SEED)
- 4/2018–Present **Student Member** | Science and Practice Committee, American Psychological
Association, Division 12 (Society for Clinical Psychology)
- 8/2017–8/2018 **Member** | Committee for Diversity and Inclusion, University of Missouri,
Department of Psychological Sciences
- 5/2015–12/2016 **Member** | Wellness Resource Committee, University of Missouri, Department of
Psychological Sciences
- 5/2015 **Judge** | Spring Undergraduate Research and Creative Achievements Forum,
University of Missouri
- 12/2014–12/2016 **Founding Co-Chair** | Special Interest Group for Teaching in Clinical Psychology,
American Psychological Association Division 12 (Society for Clinical Psychology)
- 8/2014–9/2015 **Treasurer** | Graduate Association for Psychology Students, University of
Missouri
- 6/2014–12/2016 **Member** | Publication/Website Committee, American Psychological Association
Division 12 (Society for Clinical Psychology), Section 10 (Graduate students and
Early Career Psychologists)
- 8/2011–5/2012 **Chapter President** | Psychology Club and Psi Chi National Honors Society,
Northern Arizona University

TEACHING EXPERIENCE

Teaching evaluations can be found here.

Teaching

Department of Educational, School, and Counseling Psychology (ESC_PS), University of Missouri, Columbia, MO

Multicultural Issues in Counseling, Invited Lab Instructor (Supervisor: Dr. Lisa Flores) Fall 2017

Multicultural Issues in Counseling, Invited Lab Instructor (Supervisor: Dr. Shannon McClain) Fall 2018

Guest Lectures

Informatics Institute, University of Missouri, Columbia, MO

Research Methods (Instructor: Dr. Chi-Ren Shyu) 4/2019

Department of Animal Sciences, University of Missouri, Columbia, MO

Companion Animals (Instructor: Dr. Rocio Rivera) 2/2018, 2/2019, 2/2020, 2/2021

Department of Psychological Sciences, University of Missouri, Columbia, MO

Health Psychology (Instructor: Amy Underwood, M.A.) 9/2018

Ethics/Professional Issues 2 (Instructor: Dr. Nan Presser) 9/2016

The Science of Mindfulness and Contemplative Practices (Instructor: Dr. Ann Bettencourt) 9/2016

Abnormal Psychology (Instructor: Dr. Tim Trull) 9/2016

General Psychology (Instructor: Dr. Ian Zimmerman) 11/2013

Department of Psychiatry, University of Pittsburgh, Pittsburgh, PA

Motivational Interviewing in Behavioral Medicine 2/2021

Teaching Assistantships

Department of Psychological Sciences, University of Missouri, Columbia, MO

General Psychology (Instructor: Dr. Ian Zimmerman) Fall 2013

Human Relationships Capstone (Instructor: Dr. Melanie Sheldon) Spring 2014

Supplemental Instructor

Northern Arizona University, Flagstaff, AZ

Developmental Psychology (Instructor: Dr. Nora Dunbar) Spring 2011, Fall 2011

Introduction to Statistics in Psychology (Instructor: Dr. Nora Dunbar) Fall 2011, Spring 2012

COMMUNITY OUTREACH

Presentations

4/2021 *Intersection of Public Health and Motivational Interviewing during COVID-19*
MidAtlantic AIDS Education and Training Center, University of Pittsburgh,
Graduate School of Public Health, Department of Infectious Diseases and
Microbiology, Nationwide Webinar
Co-presenter: Antoine Douaihy, MD

9/2019 *Who Let That Dog on the Airplane? Emotional Support Animals and the Role of
Mental Health Professionals* (Invited)
Grand Rounds, University of New Mexico, Health Sciences Center, Department
of Psychiatry, Albuquerque, New Mexico

10/2018 *Emotional Support Animals and the Role of Mental Health Professionals* (Invited)
Cohen Veteran's Network, Nationwide Webinar

- 6/2018 *HELP! Emotions and Therapy Workshop* (Invited)
Teen Institute, Leadership through Education and Advocacy for the Deaf (LEAD)
Institute, Steeleville, Missouri
- 3/2017 *Role Conflicts and Emotional Support Animal Certifications* (Invited)
Grand Rounds, University of Missouri Medical School, Department of Psychiatry,
Columbia, MO
- 10/2016 *Working with Deaf Clients: Treatment and Ethical Issues* (Invited)
University of Missouri, Department of Psychological Sciences, Columbia, MO
- 11/2015, 11/2016 *Substance Misuse and Co-Occurring Disorders* (Invited)
Crisis Intervention Team Training, Boone County Sherriff's Department,
Columbia, MO

Selected Media Coverage

(click title to access)

- **University of Pittsburgh Medical Center's Western Psychiatric Hospital Psychiatry Advances Podcast** (May 2021). Role of motivational Interviewing and in COVID-19 vaccine hesitancy.
- **The Addiction Psychologist Podcast** (November 2020). Cassie Boness - Diagnostic Issues in Alcohol Use Disorder.
- **The Guardian** (August 2019). The Number of Fake Emotional Support Dogs is Exploding – Why?
- **The New York Times** (May 2018). Is That Dog (or Pig) on Your Flight Really a Service Animal?
- **KOMU** (July 2017). MU Study Shows Emotional Support Animal Certification May Need to Change.
- **Futurity** (May 2017). Are There Better Ways to Certify Emotional Support Animals?
- **American Psychological Association's Monitor on Psychology** (September 2016). Is That a Pet or Therapeutic Aid?

MENTORING TRAINING

- 2015 **Entering Mentoring 8-Week Workshop**
MU-HHMI C³ Program
University of Missouri, Columbia, Missouri
Trainer: Dr. Linda Blockus

UNDERGRADUATE RESEARCH MENTORING

Reviews from past mentees can be found here.

Current

- None

Past

- **McKenna Treece** (2019–2020). Masters student in Counseling at University of Missouri Kansas City.

- **Sydney Rapp** (2018–2020). Undergraduate at the University of Missouri with anticipated graduation of December 2020.
- **Natalie Gatten** (2018–2020). Undergraduate at the University of Missouri.
- **Dafne Huacuz** (2019–2020). Masters student in Industrial Organizational Psychology at Texas A&M University.
- **Adam Arand** (2019–2020). Undergraduate at the University of Missouri.
- **Chelsea Basore** (2020–2020). Bachelor's degree in Business from the University of Missouri. Planning to pursue graduate studies in Industrial/Organizational psychology.
- **Stella Peters** (2018–2020). Undergraduate at the University of Missouri. Anticipated graduation May 2021 with bachelor's degrees in Psychology and English.
- **Tsoi Tran** (2019). Undergraduate at the University of Missouri.
- **Jordan Petronella** (2019). Undergraduate at the University of Missouri.
- **Jennifer Gray** (2018). Bachelor's degree from the University of Missouri. Beginning Masters of Social Work program at the University of Missouri Kansas City in Fall 2020.
- **Jack Waddell** (2017–2018). Clinical Psychology PhD student at Arizona State University.
- **Ariel (Shifter) Zhu** (2014–2015). Masters in Health Services Administration from the University of Kansas Medical Center currently working as an Administrative Fellow at Children's Hospital, Colorado.
- **Taylor Green** (2014). Last known position was at Fulton State Hospital in Fulton, MO as a Forensic Rehabilitation Specialist.
- **Alicia Dunajcik** (2014). Pursuing a Masters of Public Health in Epidemiology.
- **Yifang Zeng** (2014). Current position unknown.

FOREIGN STUDY

9/2012–1/2013 **Edinburgh Napier University**
Edinburgh, Scotland, United Kingdom

LANGUAGES

- | | |
|---|--|
| <ul style="list-style-type: none"> ▪ American Sign Language
<i>Professional Working Proficiency</i> | <ul style="list-style-type: none"> ▪ English
<i>Native speaker</i> |
|---|--|

PROFESSIONAL AFFILIATIONS

American Psychological Association, Student Affiliate
 American Psychological Association, Division 12 (Society of Clinical Psychology) Member
 American Psychological Association, Division 12, Section IX (Assessment of Psychology) Member
 American Psychological Association, Division 50 (Addictions) Member
 Association for Psychological Science, Student Member
 Missouri Psychological Association, Student Member
 Research Society on Alcoholism, Student Member

REFERENCES

<p>Kenneth J. Sher, Ph.D. University of Missouri, Curators Professor</p>	<p>SherK@missouri.edu (573) 882-4279</p>
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Advocacy for the Deaf), Executive Director
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Jeffrey N. Younggren, Ph.D., ABPP

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