

# CASSANDRA L. BONESS

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Columbia, Missouri 65211  
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## EDUCATION

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- Present                    **University of Missouri**  
Doctoral Candidate  
Clinical Psychology  
Minor in Psychological Statistics and Methods  
Dissertation: *Initial Development and Validation of a Translational Approach to AUD Definition and Measurement*  
Anticipated Graduation May 2021
- 2015                        **University of Missouri**  
M.A., Clinical Psychology  
Thesis: *An Assessment of DSM-5 Alcohol Use Disorder Severity Grading*
- 2013                        **Northern Arizona University**  
B.S., Psychology  
Minor in Criminal Justice

## HONORS AND AWARDS

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- 2019                        **Graduate Student Excellence Award** | University of Missouri, Department of Psychological Sciences
- 2019                        **Student Research Fellowship** | American Psychological Association, Division 12, Section IX (Assessment)
- 2018                        **Mark H. Thelen Outstanding Clinical Graduate Student Award** | University of Missouri, Department of Psychological Sciences
- 2018                        **Travel Award** | University of Missouri, Graduate Professional Council
- 2016–2017                **First Place Presentation in Social Sciences (Quantitative)** | University of Missouri, Graduate Professional Council Research and Creative Activities Forum
- 2015–2019                **Merit Award** | Research Society on Alcoholism
- 2013                        **Outstanding Student in Psychology** | Northern Arizona University, Department of Psychology
- 2013                        **Vicki Green Travel Award Recipient** | Northern Arizona University, Department of Psychology
- 2012                        **The William Gibson Outstanding Student in Psychology and Public Service Award** | Northern Arizona University, Department of Psychology
- 2012                        **“Go” Study Abroad Scholarship** | Northern Arizona University, Center for International Education
- 2009–2013                **Dean’s List** | Northern Arizona University
- 2009–2013                **Full Tuition Scholarship** | Arizona Instrument to Measure Standards (AIMS)

## RESEARCH SUPPORT

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- 2017–2020      **NIAAA F31 Ruth L. Kirschstein National Research Service Award (NRSA)**  
Title: Initial Development and Validation of a Translational Approach to AUD  
Definition and Measurement  
Role: Principal Investigator  
Sponsor: Kenneth J. Sher, Ph.D.  
Amount Awarded: \$134,118
- 2012–2013      **Henry Hooper Undergraduate Research Award Grant**  
Title: The Predictors of Problematic Alcohol Use in College Students with Family  
Positive versus Family Negative Drinking Histories  
Role: Principal Investigator  
Sponsor: Nora Dunbar, Ph.D.  
Amount Awarded: \$3,500

## PEER-REVIEWED PUBLICATIONS

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(in reverse chronological order)

PDFs for available articles can be accessed here.

15. **Boness, C.L.**, & Sher, K.J. (accepted). The case for cognitive interviewing in survey item validation: A useful approach for improving the measurement and assessment of substance use disorders. *Journal of Studies on Alcohol and Drugs*. [Pre-print]
14. Hua, J.P.Y., Piasecki, T.M., McDowell, Y.E., **Boness, C.L.**, Trela, C.J., Merrill, A.M., Sher, K.J., & Kerns, J.G. (2020). Alcohol use in young adults associated with cortical gyrification. *Drug and Alcohol Dependence*. [PDF]
13. **Boness, C.L.**, Stevens, J.E., Steinley, J., Trull, T., & Sher, K.J. (2020). Using complete enumeration to derive “one-size-fits-all” versus “subgroup-specific” diagnostic rules for substance use disorder. *Assessment*. [PDF]
12. Stevens, J.E., Steinley, D., **Boness, C.L.**, Trull, T., Wood, P. & Sher, K.J. (2020). Combinatorial optimization of classification decisions: An application to refine psychiatric diagnoses. *Multivariate Behavioral Research*. [PDF]
11. **Boness, C.L.**, Korucuoglu, O., Ellingson, J.M., Merrill, A.M., McDowell, Y.E., Trela, C.J., Sher, K.J., Piasecki, T.M., & Kerns, J.G. (2019). Twenty-first birthday drinking: Extreme drinking episodes result in white matter microstructural changes to the fornix and corpus callosum. *Experimental and Clinical Psychopharmacology*. [PDF]
10. Younggren, J.N., **Boness, C.L.**, Bryant, L., & Koocher, G. (2019). Emotional support animal assessments: Toward a standard and comprehensive model for mental health professionals. *Professional Psychology: Research and Practice*. PMID: PMC5127627 [PDF]
9. Conlin, W., & **Boness, C.L.** (2019). Ethical considerations for addressing distorted beliefs in psychotherapy. *Psychotherapy*. PMID: PMC6901722 [PDF]
8. **Boness, C.L.**, Lane, S.P., & Sher, K.J. (2019). Not all alcohol use disorder criteria are equally severe: Towards severity grading of individual criteria. *Psychology of Addictive Behaviors*. PMID: PMC6494471 [PDF]

7. Stevens, J.E., Steinley, D., McDowell, Y.E., **Boness, C.L.**, Trull, T., Martin, C.S., & Sher, K.J. (2019). Toward more efficient diagnostic criteria sets and rules: The use of optimization approaches in addiction science. *Addictive Behaviors*. PMID: PMC6544486 [PDF]
6. **Boness, C.L.**, Stevens, J.E., Steinley, D., Trull, T., & Sher, K.J. (2018). Deriving alternative criteria sets for alcohol use disorders using statistical optimization: Results from the National Survey on Drug Use and Health. *Experimental and Clinical Psychopharmacology*. PMID: PMC6538450 [PDF]
5. **Boness, C.L.**, Younggren, J.N., & Frumkin, B. (2017). The certification of emotional support animals: Differences between clinical and forensic practitioners. *Professional Psychology: Research and Practice*, *48*, 216-223. [PDF]
4. Lee, M.R., **Boness, C.L.**, McDowell, Y.E., Vergés, A., Steinley, D.L., & Sher, K.J. (2017). Desistance and severity of alcohol use disorder: A lifespan-developmental analysis. *Clinical Psychological Science*, *6*, 90-105. PMID: PMC5766269 [PDF]
3. **Boness, C.L.**, Lane, S.P., & Sher, K.J. (2016). Assessment of withdrawal and hangover are confounded in the Alcohol Use Disorder and Associated Disabilities Interview Schedule: Withdrawal prevalence is likely inflated. *Alcoholism: Clinical and Experimental Research*, *40*, 1691-1699. PMID: PMC4961561 [PDF]
2. Younggren, J.N., Boisvert, J.A., & **Boness, C.** (2016). Examining emotional support animals and role conflicts in professional psychology. *Professional Psychology: Research and Practice*, *47*, 255-260. PMID: PMC5127627 [PDF]
1. **Boness, C. L.** (2015). Treatment of Deaf clients: Ethical considerations for professionals in psychology. *Ethics & Behavior*, *26*, 562-585. PMID: PMC5127625 [PDF]

#### MANUSCRIPTS UNDER REVIEW

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1. Brown, C.E., **Boness, C.L.**, & Sheerin, K. (revise & resubmit). Supporting students in Health Service Psychology training: A theory-driven approach to meeting the diverse needs of trainees.
2. **Boness, C.L.**, Moller, K., & Sher, K.J. (under review). Misguided guidelines: A reply to Hoy-Geralach, Vincent, and Hector.
3. Hua, J.P.Y., Sher, K.J., **Boness, C.L.**, Trela, C.J., McDowell, Y.E., Merrill, A.M., Piasecki, T.M., & Kerns, J.G. (revise & resubmit). Prospective study examining effects of extreme drinking on brain structure in young adults.
4. **Boness, C.L.**, Helle, A.C., & Logan, S. (under review). Crisis line services: A 12-month descriptive evaluation of callers, call content, and referrals.
5. **Boness, C.L.**, Hershenberg, R., Kaye, J., Mackintosh, M., Grasso, D., Noser, A., & Raffa, S. (revise & resubmit). An evaluation of Cognitive Behavioral Therapy for Insomnia: Application of Tolin's criteria for empirically supported treatments. [Pre-print]

#### MANUSCRIPTS IN PREPARATION

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1. Hone, L.S.E., & **Boness, C.L.** (in preparation). What does alcohol-related regretted sex mean to men and women? Gender differences in alcohol-related regretted sex are mediated by unwanted/forced sex due to drinking.

2. **Boness, C.L.**, Moeller, K., & Sher, K.J. (in preparation). A translational framework of alcohol use disorder: A systematic review of reviews.

## BOOK CHAPTERS

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2. Younggren, J.N., Gottlieb, M., & **Boness, C.L.** (in press). Forensic consultation. In E. Shafranske & C. Falender (Eds.), *Consultation in Health Service Psychology: A Competency-Based Approach*.
1. Haeny, A.M., **Boness, C.L.**, McDowell, Y.E., & Sher, K.J. (2018). Alcohol use disorder. In J. Hunsley & E. J. Mash (Eds.), *A Guide to Assessments That Work* (2nd ed.).

## OTHER PUBLICATIONS

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4. **Boness, C.L.** (2017). Ethical issues in the use of interpreters with Deaf clients. *Journal of Health Service Psychology*.
3. **Boness, C.L.** (2017). Deaf or Hard-of-Hearing clients require special ethical consideration. *The National Psychologist*. Retrieved from <http://nationalpsychologist.com/2017/11/deaf-or-hard-of-hearing-clients-require-special-ethical-consideration/104136.html>
2. **Boness, C.L.**, & Scropo, J. (2016). Managing risk with alcohol-abusing clients. *The National Psychologist*, 26(1). Retrieved from <http://nationalpsychologist.com/2016/07/managing-risk-with-alcohol-abusing-clients/103349.html>
1. **Boness, C.L.**, & Younggren, J.N. (2016). Who let that doggie on the airplane? *The National Psychologist*, 25(1). Retrieved from <http://nationalpsychologist.com/2016/01/who-let-that-doggie-on-the-airplane/103124.html>

## SCIENTIFIC CONSULTATION

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### ***Psychological Assessment and Psychometric Consultation***

12/2018–Present

**Tschetter Hamrick Sulzer Law Firm, Denver, Colorado**

Provided consultation on Emotional Support Animal assessments, including the psychometric properties of the instruments utilized, and relevant standards of professional psychology.

### ***Program Development***

5/2018

**Redemption's Hill Church, Missouri**

Developed an evidence-based suicide risk assessment and thorough triage protocol based on risk level.

## EDITORIAL ACTIVITIES

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*Record of editorial activities can be found on Publons*

### **Ad Hoc Reviewing**

*American Psychologist*

*Canadian Journal of Addiction*

## CONFERENCE PRESENTATIONS

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† denotes supervisees/student mentees

22. **Boness, C.L.** (2020, June). What does it mean? An application of cognitive interviewing to improve the validity of alcohol use disorder assessment items. Poster presentation at Research Society on Alcoholism, New Orleans, LA (conference cancelled).
21. **Boness, C.L.** (2020, May). Who let that dog on the airplane? Emotional support animals and the role of mental health professionals. Invited presentation at Missouri Psychological Association Conference, St. Louis, MO (conference postponed).
20. **Boness, C.L.** (2020, April). *Are substance use disorder criteria created equally? A consideration of item-level heterogeneity in severities.* Symposia accepted at Collaborative Perspectives on Addiction, San Diego, CA (conference cancelled). [Abstract]
19. **Boness, C.L.** (2020, April). A translational framework of alcohol use disorder definition: A systematic review of reviews. Poster accepted at Collaborative Perspectives on Addiction, San Diego, CA (conference cancelled). [PDF]
18. **Boness, C.L., & Sher, K.J.** (2019, June). *Does the optimal alcohol use disorder diagnostic rule vary by demographic subgroup? An application of permutation-based statistical optimization.* Poster Presentation at Research Society on Alcoholism, Minneapolis, MN. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 43, June 2019 supplemental issue. [PDF]
17. **Boness, C.L.** (2018, March). *The use of a principled, data-driven empirical approach to deriving alcohol use disorder diagnosis.* Poster Presentation at Collaborative Perspectives on Addiction, Tampa, FL.
16. **Boness, C.L.** (2018, June). *Towards refinement of alcohol use disorder severity grading.* Poster Presentation at Research Society on Alcoholism, San Diego, CA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 42, June 2018 supplemental issue. [PDF]
15. **Boness, C.L., & Sher, K.J.** (2017). Statistical optimization of alcohol use disorder criteria using the National Survey on Drug Use and Health. Poster Presentation at Research Society on Alcoholism, Denver, CO. *Alcoholism: Clinical and Experimental Research*, 11, June 2017 supplemental issue.
14. **Boness, C.L.** (2017, March). *Statistical optimization of alcohol use disorder criteria using the National Survey on Drug Use and Health.* Paper Presentation at The University of Missouri's Graduate Professional Council's Research and Creative Activities Forum, Columbia, MO.
13. **Boness, C.L., Lane, S.P., & K.J. Sher.** (2016, March). *Assessment of withdrawal and hangover are confounded in the AUDADIS: Potential cause of overdiagnosis.* Paper Presentation at The University of Missouri's Graduate Professional Council's Research and Creative Activities Forum, Columbia, MO.
12. **Boness, C.L., Korucuoglu, O., Merrill, A.M., McDowell, Y.E., Trela, C.J., Piasecki, T.M., Sher, K.J., & Kerns, J.G.** (2016, June). *The impact of 21<sup>st</sup> birthday drinking on the corpus callosum.*

Poster Presentation at Research Society on Alcoholism, New Orleans, LA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 40, June 2016 supplemental issue.

11. Korucuoglu, O., Sher, K.J., Merrill, A.M., **Boness, C.L.**, McDowell, Y.E., Trela, C.J., Piasecki, T.M., & Kerns, J.G. (2016, June). *Alterations in resting state networks associated with high-risk bingeing: 21st birthday study*. Poster Presentation at Research Society on Alcoholism, New Orleans, LA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 40, June 2016 supplemental issue.
10. Lee, M.R., **Boness, C.L.**, McDowell, Y.E., Vergés, A., Steinley, D.L., & Sher, K.J. (2016, June). *Developmental variability in problem-drinking desistance: is young adulthood a unique period for desistance from severe drinking alcohol use disorder?* Poster Presentation at Research Society on Alcoholism, New Orleans, LA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 40, June 2016 supplemental issue.
9. **Boness, C.L.**, & K.J. Sher. (2015, June). *Item stem effects in assessing withdrawal*. Poster Presentation at Research Society on Alcoholism, San Antonio, TX. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 39, May 2015 supplemental issue.
8. Trela, C.J., McDowell, Y.E., Merrill, A.M., **Boness, C.L.**, Piasecki, T.M., Sher, K.J., & Kerns, J.G. (2015, June). *Hangover symptoms are associated with performance on a long-term memory task but not working memory task following extreme drinking on 21st birthday*. Poster Presentation at Research Society on Alcoholism, San Antonio, TX. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 39, May 2015 supplemental issue.
7. **Marshall, C.L.**, & K.J. Sher. (2014). *Improving upon the current DSM-5 criterion count algorithm in the evaluation of the severity of alcohol use disorders*. Poster Presentation at Research Society on Alcoholism, Bellevue, WA. Abstracted in: *Alcoholism: Clinical and Experimental Research*, 38, June 2014 supplemental issue.
6. **Marshall, C.L.** (2013). *A comparison of the predictors of problematic alcohol use in family history positive and family history negative college students*. Poster Presentation at Rocky Mountain Psychological Association, Denver, CO.
5. Hacker, M.Q., Smith, C.J., Perks, C., Yetterdahl, A., Feinberg, A., **Marshall, C.**, Soliz, K., Verville, M., & Murphy, J. (2013). *Depleted uranium and reproduction*. Poster Presentation at Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ.
4. Hacker, M.Q., Smith, C. J., Perks, J., Yetterdahl, A., Feinberg, A., **Marshall, C.**, Soliz, C., Vermille, M., & Murphy, J. (2013). *Perinatal exposure to depleted uranium and basal ganglia alterations in rodent brain ACh/AChE levels*. Poster Presentation at Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ.
3. †Mix, A., **Marshall, C.**, †Denevi, C., & Dunbar, N. (2013). *Alcohol consumption among college students: A look into age and drinking expectancies to predict drinking behaviors*. Poster Presentation at Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ.
2. †Padilla, C., **Marshall, C.**, †Guglielmi, K., & Dunbar, N. (2013). *Everyone else is doing it: An examination of the motives behind binge drinking behavior among Greek-letter and non-Greek-letter students*. Poster Presentation at Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ.
1. **Marshall, C. L.**, Honani, T., Ellard, A., & Hurt, G. (2011). *Effects of perceived teacher demographics on student's satisfaction with course*. Poster Presentation at Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ.

## RESEARCH EXPERIENCE

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- 8/2017–Present      **Principal Investigator**  
Initial Development and Validation of a Translational Approach to AUD Definition and Measurement (F31AA026177 to Cassandra L. Boness), University of Missouri  
*Advisor:* Kenneth J. Sher, Ph.D.
- 6/2016–6/2018      **Graduate Research Assistant**  
Refining the Diagnosis of Alcohol Use Disorder: A Comprehensive Approach (R01AA024133 to Kenneth J. Sher), University of Missouri  
*Advisor:* Kenneth J. Sher, Ph.D.
- 6/2014–6/2016      **National Institute on Alcohol Abuse and Alcoholism Training Grant Trainee & Research Assistant**  
University of Missouri Alcohol Training Grant (T32AA013526 to Kenneth J. Sher)  
*Advisor:* Kenneth J. Sher, Ph.D.
- 8/2013–Present      **Graduate Research Assistant**  
Alcohol, Health, and Behavior Lab, University of Missouri  
*Advisor:* Kenneth J. Sher, Ph.D.
- 8/2012–5/2013      **Principal Investigator**  
The Predictors of Problematic Alcohol Use in College Students with Family Positive versus Family Negative Drinking Histories, Northern Arizona University  
*Advisor:* Nora Dunbar, Ph.D.
- 8/2010–5/2012      **Undergraduate Research Assistant**  
Northern Arizona University  
*Advisor:* Constance J. Smith, Ph.D.

## SPECIALIZED STATISTICS AND METHODOLOGY TRAINING

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- 7/2019      **Inspiring Change: Creating Impact with Evidence-Based Implementation**  
The Center for Implementation, Online Webinar  
*Trainer:* Julia E. Moore, PhD
- 9/2018      **Cognitive Interviewing: A Hands-On Approach**  
The Odum Institute, University of North Carolina, Chapel Hill, North Carolina  
*Trainer:* Gordon Willis, Ph.D.
- 3/2018      **Quantitative Methods for Addiction Psychology**  
Collaborative Perspectives on Addiction Conference, Tampa, Florida  
*Trainer:* Katie Witkiewitz, Ph.D.

## CLINICAL EXPERIENCE

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- 8/2019–Present      **Strategies Targeting Alcohol Responsibility (STAR) Therapist**

*University of Missouri Psychological Services Clinic, Columbia, Missouri*

*Setting:* outpatient community mental health clinic

*Special population(s):* college students, African American

*Presenting problems:* students with repeated alcohol-related problems

*Treatment responsibilities:* four-session mandated brief intervention consisting of personalized feedback using a motivational interviewing approach, cognitive restructuring, functional behavioral analysis, skills-training, a Substance Free Activity Session (SFAS), and appropriate long-term referral as needed

*Supervisor:* Susan O'Neill, Ph.D.

8/2017–Present

**Deaf Crisis Line Interventionist**

*National Videophone Crisis Hotline, Leadership through Education and Advocacy for the Deaf (LEAD) Institute, Columbia, Missouri*

*Setting:* outpatient telemental health and crisis line

*Special population(s):* Deaf, Hard-of-Hearing, African American, multiracial, older adult (65+)

*Presenting problems:* acute and chronic stress, trauma, substance misuse, homelessness, intimate partner violence, suicidality

*Treatment responsibilities:* crisis intervention and suicide risk assessment, triage and referral, advocacy, case management

*Supervisor:* Stephanie Logan, Ph.D.

8/2016–8/2019

**Psychotherapist Intern**

*Leadership through Education and Advocacy for the Deaf (LEAD) Institute, Columbia, Missouri*

*Setting:* outpatient social services agency

*Special population(s):* Deaf, Hard-of-Hearing, older adult (65+), LGBTQ+, Asian American, biracial, multiracial, Native American/American Indian, SMI, cognitive disability, developmental disability

*Presenting problems:* anxiety, depression, posttraumatic stress disorder, panic disorder, bipolar disorder, social anxiety, suicidality, substance use disorder, insomnia

*Treatment responsibilities:* clinical intake, weekly individual therapy (culturally adapted CBT, CBT-I, DBT, PE, MI), weekly couples' therapy, diagnostic assessment, advocacy, case management, case conferencing with American Sign Language interpreters, telemental health, psychoeducation

*Supervisor:* Stephanie Logan, Ph.D.

5/2015–8/2016

**Dialectical Behavior Therapy (DBT) Therapist**

*University of Missouri Psychological Services Clinic, Columbia, Missouri*

*Setting:* outpatient community mental health clinic

*Special population(s):* LGBTQ+, Native American/American Indian, biracial

*Presenting problems:* borderline personality disorder often with co-occurring disorders such as bipolar disorder, obsessive-compulsive disorder, eating disorders, and other personality disorders as well as substance use disorders

*Treatment responsibilities:* clinical intake, diagnostic assessment, fully adherent Stage 1 DBT with phone coaching, consultation team participation

*Supervisors:* Tim Trull, Ph.D. (May 2015-August 2015; May 2016-August 2016), Susan O'Neill, Ph.D. (August 2015-January 2016), and Jeremy B. Skinner (January 2016-May 2016)



8/2014–Present

**Individual Psychotherapist**

*University of Missouri Psychological Services Clinic, Columbia, Missouri*

*Setting:* outpatient mental health clinic

*Special population(s):* Filipino, Native American/American Indian, Asian American, biracial, multiracial, Chinese, older adult (65+), SMI

*Presenting problems:* anxiety, depression, panic, borderline personality disorder, obsessive compulsive disorder, posttraumatic stress disorder, panic, relationship problems, unspecified psychotic disorder, ADHD

*Treatment responsibilities:* clinical intake, weekly couples' therapy (EFCT), weekly individual therapy (e.g., CBT, MI, IPT, solution-focused), psychoeducation

*Supervisors:* Tim Trull, Ph.D. (May 2015-August 2015; May 2016-August 2016), Susan O'Neill, Ph.D. (August 2015-January 2016), and Jeremy B. Skinner (January 2016-May 2016)

**Assessing Clinician**

*University of Missouri Psychological Services Clinic, Columbia, Missouri*

*Setting:* outpatient mental health clinic

*Special population(s):* LGBTQ+, African American, Asian American, biracial, multiracial

*Presenting problems:* anxiety, depression, panic, borderline personality disorder, histrionic personality disorder, paranoid personality disorder, avoidant personality disorder, obsessive compulsive personality disorder, insomnia, bipolar disorder, substance use disorder, obsessive compulsive disorder, agoraphobia, posttraumatic stress disorder, ADHD, autism spectrum disorder

*Assessment responsibilities:* comprehensive diagnostic assessment (MINI 7.0, SID-P) and written report

*Supervisor:* Erika Waller, Ph.D.

1/2012–5/2012

**Community Living Services Intern**

*The Guidance Center, Flagstaff, AZ*

*Setting:* community mental health clinic (inpatient and outpatient)

*Special population(s):* SMI, Deaf, Native American/American Indian

*Presenting problems:* anxiety, depression, panic, borderline personality disorder, substance use disorder, obsessive compulsive disorder, schizophrenia

*Treatment responsibilities:* co-facilitated group therapy (32-week "Matrix" addiction recovery program and "stage two" social skills group), case management, advocacy, multidisciplinary treatment planning and care coordination consultations

*Supervisors:* Michelle Martin and Kelly Lalan

**SPECIALIZED CLINICAL TRAINING**

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5/2019

**Suicide Assessment and Risk Determination: Use of the Columbia Suicide Severity Rating Scale**

*University of Missouri Psychological Services Clinic, Columbia, Missouri*

*Trainer:* Nan R. Presser, Ph.D.

8/2018

**Evidence-Based Treatment of Borderline Personality Disorder: Clinical and Ethical Considerations**

*American Psychological Association Convention, San Francisco, California*

*Trainer:* Kenneth N. Levy, Ph.D.

- 4/2018      **Motivational Enhancement Strategies for Building and Maintaining Treatment Engagement**  
*Center for Evidence-Based Youth Mental Health and Family Access Center of Excellence of Boone County*  
Burrell Behavioral Health, Columbia, Missouri  
*Trainer:* Keith C. Herman, Ph.D.
- 3/2017      **Caring for Transgender and Gender Expansive Individuals**  
*Transgender Health Network*  
University of Missouri, Columbia, Missouri  
*Trainers:* David Tager, Ph.D., Jessica Semler, Ph.D., Kerri Schafer, Ph.D., Kimberly Conde, Psy.D., Kurt DeBord, Ph.D., and Susan Pereira, M.D.
- 6/2016      **Crisis Intervention Training**  
Leadership through Education and Advocacy for the Deaf (LEAD) Institute, Columbia, Missouri  
*Trainers:* Stephanie Logan, Ph.D., Wendy Savley, and Megan Steen
- 10/2015      **Making DBT Work in Our Communities**  
Longview Community College, Lee's Summit, Missouri  
*Trainer:* Dr. Ronda Reitz
- 10/2014      **Group Cognitive Behavioral Therapy for Addictive Behaviors Workshop**  
University of Missouri, Columbia, Missouri  
*Trainer:* Dr. Bruce Liese
- 5/2015, 11/2016      **Safe Space Training**  
*LGBTQ Resource Center*  
University of Missouri, Columbia, Missouri  
*Trainer:* Sean Olmstead, Coordinator of University of Missouri LGBTQ Resource Center

## **PROFESSIONAL SERVICE AND COMMITTEE MEMBERSHIP**

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- 4/2018–Present      **Student Member** | Science and Practice Committee, American Psychological Association, Division 12 (Society for Clinical Psychology)
- 8/2017–8/2018      **Member** | Committee for Diversity and Inclusion, University of Missouri, Department of Psychological Sciences
- 5/2015–12/2016      **Member** | Wellness Resource Committee, University of Missouri, Department of Psychological Sciences
- 5/2015      **Judge** | Spring Undergraduate Research and Creative Achievements Forum, University of Missouri
- 12/2014–12/2016      **Founding Co-Chair** | Special Interest Group for Teaching in Clinical Psychology, American Psychological Association Division 12 (Society for Clinical Psychology)
- 8/2014–9/2015      **Treasurer** | Graduate Association for Psychology Students, University of Missouri

6/2014–12/2016	<b>Member</b>   Publication/Website Committee, American Psychological Association Division 12 (Society for Clinical Psychology), Section 10 (Graduate students and Early Career Psychologists)
8/2011–5/2012	<b>Chapter President</b>   Psychology Club and Psi Chi National Honors Society, Northern Arizona University
8/2010–5/2011	<b>Social Chair</b>   Psychology Club and Psi Chi National Honors Society, Northern Arizona University
1/2010–5/2010	<b>Hall Council Representative</b>   Gabaldon Residence Hall, Northern Arizona University

## TEACHING EXPERIENCE

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### Teaching

*Department of Educational, School, and Counseling Psychology (ESC\_PS), University of Missouri, Columbia, MO*

Multicultural Issues in Counseling, Invited Lab Instructor (Supervisor: Dr. Lisa Flores)	Fall 2017
Multicultural Issues in Counseling, Invited Lab Instructor (Supervisor: Dr. Shannon McClain)	Fall 2018

### Guest Lectures

*Informatics Institute, University of Missouri, Columbia, MO*

Research Methods (Instructor: Dr. Chi-Ren Shyu)	4/2019
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*Department of Animal Sciences, University of Missouri, Columbia, MO*

Companion Animals (Instructor: Dr. Rocio Rivera)	2/2018, 2/2019, 2/2020
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*Department of Psychological Sciences, University of Missouri, Columbia, MO*

Health Psychology (Instructor: Amy Underwood, M.A.)	9/2018
Ethics/Professional Issues 2 (Instructor: Dr. Nan Presser)	9/2016
The Science of Mindfulness and Contemplative Practices (Instructor: Dr. Ann Bettencourt)	9/2016
Abnormal Psychology (Instructor: Dr. Tim Trull)	9/2016
General Psychology (Instructor: Dr. Ian Zimmerman)	11/2013

### Teaching Assistantships

*Department of Psychological Sciences, University of Missouri, Columbia, MO*

General Psychology (Instructor: Dr. Ian Zimmerman)	Fall 2013
Human Relationships Capstone (Instructor: Dr. Melanie Sheldon)	Spring 2014

### Supplemental Instructor

*Northern Arizona University, Flagstaff, AZ*

Developmental Psychology (Instructor: Dr. Nora Dunbar)	Spring 2011, Fall 2011
Introduction to Statistics in Psychology (Instructor: Dr. Nora Dunbar)	Fall 2011, Spring 2012

## COMMUNITY OUTREACH

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### Presentations

9/2019	<i>Who Let That Dog on the Airplane? Emotional Support Animals and the Role of Mental Health Professionals</i> (Invited) Grand Rounds, University of New Mexico, Health Sciences Center, Department of Psychiatry, Albuquerque, New Mexico
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- 10/2018                    *Emotional Support Animals and the Role of Mental Health Professionals* (Invited)  
Cohen Veteran's Network, Nationwide Webinar
- 6/2018                    *HELP! Emotions and Therapy Workshop* (Invited)  
Teen Institute, Leadership through Education and Advocacy for the Deaf (LEAD)  
Institute, Steeleville, Missouri
- 3/2017                    *Role Conflicts and Emotional Support Animal Certifications* (Invited)  
Grand Rounds, University of Missouri Medical School, Department of Psychiatry,  
Columbia, MO
- 10/2016                    *Working with Deaf Clients: Treatment and Ethical Issues* (Invited)  
University of Missouri, Department of Psychological Sciences, Columbia, MO
- 11/2015, 11/2016        *Substance Misuse and Co-Occurring Disorders* (Invited)  
Crisis Intervention Team Training, Boone County Sherriff's Department,  
Columbia, MO

### **Selected Media Coverage**

*(click title to access)*

- **The Guardian** (August 2019). The Number of Fake Emotional Support Dogs is Exploding – Why?
- **The New York Times** (May 2018). Is That Dog (or Pig) on Your Flight Really a Service Animal?
- **KOMU** (July 2017). MU Study Shows Emotional Support Animal Certification May Need to Change.
- **Futurity** (May 2017). Are There Better Ways to Certify Emotional Support Animals?
- **American Psychological Association's Monitor on Psychology** (September 2016). Is That a Pet or Therapeutic Aid?

### **MENTORING TRAINING**

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- 2015                    **Entering Mentoring 8-Week Workshop**  
MU-HHMI C<sub>3</sub> Program  
*University of Missouri, Columbia, Missouri*  
*Trainer: Dr. Linda Blockus*

### **UNDERGRADUATE RESEARCH MENTORING**

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#### ***Current***

- **McKenna Treece** (2019–Present)
- **Natalie Gatten** (2018–Present).
- **Dafne Huacuz** (2019–Present)
- **Adam Arand** (2019–Present)
- **Chelsea Basore** (2020–Present)

#### ***Past***

- **Sydney Rapp** (2018–2020). Undergraduate at the University of Missouri.
- **Stella Peters** (2018–2020). Undergraduate at the University of Missouri.

- **Tsoi Tran** (2019). Undergraduate at the University of Missouri.
- **Jordan Petronella** (2019). Undergraduate at the University of Missouri.
- **Jennifer Gray** (2018). Undergraduate at the University of Missouri.
- **Jack Waddell** (2017–2018). Clinical Psychology PhD student at Arizona State University.
- **Ariel Shifter** (2014–2015). Masters student in Health Services Administration at the University of Kansas Medical Center and working as a Graduate Research Assistant with the Department of Health Policy and Management at Kansas Medical Center.
- **Taylor Green** (2014). Last known position was at Fulton State Hospital in Fulton, MO as a Forensic Rehabilitation Specialist.
- **Alicia Dunajcik** (2014). Pursuing a Masters of Public Health in Epidemiology.
- **Yifang Zeng** (2014). Current position unknown.

## FOREIGN STUDY

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9/2012–1/2013      **Edinburgh Napier University**  
*Edinburgh, Scotland, United Kingdom*

## LANGUAGES

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- **American Sign Language**  
*Professional Working Proficiency*
- **English**  
*Native speaker*

## VOLUNTEER WORK

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- 23<sup>rd</sup> Annual Missouri Interpreter’s Conference, Student Volunteer, *October 2016*
- American Foundation for Suicide Prevention, Participant, *2009-2011*

## PROFESSIONAL AFFILIATIONS

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American Psychological Association, Student Affiliate  
 American Psychological Association, Division 12 (Society of Clinical Psychology) Member  
 American Psychological Association, Division 12, Section IX (Assessment of Psychology) Member  
 American Psychological Association, Division 50 (Addictions) Member  
 Association for Clinical and Translational Science, Student Member  
 Association for Psychological Science, Student Member  
 Diversity Journal Club, University of Missouri, Department of Psychological Sciences, Member  
 Research Society on Alcoholism, Student Member

## REFERENCES

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**Kenneth J. Sher, Ph.D.**

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**Nan R. Presser, Ph.D.**

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and Director of Training  
PresserN@missouri.edu  
(573) 882-4677

**Stephanie Logan, Ph.D.**

DeafLEAD (Leadership through Education &  
Advocacy for the Deaf), Executive Director  
slogan@midamerica.net

**Jeffrey N. Younggren, Ph.D., ABPP**

University of New Mexico, Clinical Professor  
jyounggren@salud.unm.edu