

Teaching & Course Evaluations: Qualitative

Course: ESC_PS 9000: Multicultural Issues in Counseling, Fall 2017

Lab Instructor: Cassandra (Cassie) L. Boness, M.A.

Supervisor: Dr. Lisa Flores

Question: What did you enjoy most about the lab and/or the instructor?

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| Cassie was an amazing lab instructor. She is personable, honest, bold, and gentle at the same time. She helped us push the boundaries and move deeper into topics. She followed up on our goals and provided feedback when appropriate. |
| The instructor was very considerate in encouraging people to take risk and participate more in the discussion. |
| The presentations |
| 1. open discussion 2. collaborating to set ground rules 3. being able to share our stories and listen to others' stories and ask them about it 4. facilitator kindly pushed us to take risks |
| I enjoy hearing different opinions from everyone. Also, the materials inspire me a lot. |
| Life experiences sharing. |
| Warm & inviting, made me feel comfortable in answering question |

The lab could have been improved by...

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| I felt like I talked too much and could have been shut up more...other than that, I'm not sure what else could have been improved. Perhaps, people could have gone deeper and we could have extended conversations about biases and judgements.... |
| Can't think of any comment here - I think it would have been nice to have people from other departments, but I know that it is outside the instructor's control. |
| Nothing! |
| 1. having more males so I could hear their perspectives at times 2. more time for discussion 3. more bonding activities outside of class |
| I think we have a lot of things to do many times, I do hope we could have more time. |
| I think it is good enough. At least for me. |
| More time for presentation questions/discussion/ also having questions beforehand in case someone does not get many questions asked |

Question: What is the most important thing you'll take away from this course/lab?

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| I feel like I challenged my beliefs about size. The notion of sizeism has been challenging for me, and I feel like I need to develop my competency in this area. Watching the videos helped me recognize some of the myths I hold about my own size and the size of others. I appreciated the videos and dialogue and individuals in our class. |
| Even when people agree on a general premise, there are still many perspectives within that premise. |
| Not subscribing to assumptions |
| People are connected. People are ever-growing. No one has the answers to everything, even about ourselves, so humility, patience, and compassion for |

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| ourselves is key and should be extended to others. Once we realize that and act on it, our perception of our interactions, relationships, and environments would improve and eventually our actions would inspire others to do the same. |
| The connection and the feeling of belonging here. Also, the reflections. |
| Mutual understanding. |
| The knowledge that although we all have many differences, we are all more alike than we know |

Question: Reflecting back, how do you feel about the group's decision to split the lab meetings in half (i.e., split between a presentation and topical discussion)?

Explain.

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| I think it was the best choice given our time constraints. I think I would have enjoyed more topical discussions looking back, but it was helpful to begin the presentation process. Good decision overall. |
| I liked it. I think it gave a good balance between presentation and discussion. |
| I feel like it was the best option |
| That was a good decision. It pushed us to talk about our identities and particularly an identity that is a more risky one to talk about and hearing others' comments and feedback was thought-provoking and helpful for the paper and for personal reflection and growth. Having the other half of time to ask general questions and talk about the topic of the week was good too. |
| I think it's good. The presentation gained our connections and helped us know more about each other. Also, the topical discussions are really helpful for us to think more about our viewpoints and identities. |
| I think it's great! Because each of us can take more risks and know more about other countries' cultural information from different aspects. |
| I enjoyed the half and half class structure. I do however think we should devote whatever time the presenter needs to their presentation then spend the remaining time on topical discussion |

Question: What additional feedback would you like to share?

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| I've told several people how great you were as a lab instructor. I think you should continue doing it, and that you would be an excellent professor someday. You're gentle and bold, and that's helpful for eliciting and having hard discussions. I loved our lab. |
| Thank you for the great semester! |
| I really like my lab, thank you Cassie :) |
| I am so grateful to be a part of this lab. And if you guys come to China, pls do not hesitate to give me a call if you need a guide or further travel information. |
| I enjoyed this lab! Thank you. |